



KELLY LAMB-SAIDEY

New South Wales

09-2004

Kelly joined Lifeline Mid Coast in 2013, training and volunteering in telephone crisis support. Kelly was recruited by the training team part time in 2015 to aid volunteer telephone crisis supporters.

In 2018 Kelly moved into the role of suicide prevention manager to grow its already existing services. Kelly has a background working in NSW Oral Health, where she provided primary dental care to high risk & lower socio-economic children, managed dental teams and was a clinical Lecturer and tutor for the Westmead College of Dental Therapy and University of Sydney.

In 2019, Kelly received one of 7 "Life Awards" from the Australian Dental and Oral Health Association for her 6 years of work on the executive and as NSW Dental and Oral Health Associations President.



Brief Outline of your career and achievements:

**Suicide Prevention Postvention Manager
Lifeline Mid Coast**

- . Bachelor Social Science/ Psychology (CSU)
- . Psychological First Aid T4T (Lifeline Australia)
- . Survivors of A Suicide Attempt (SOSA) Accredited Facilitator (Didi Hirsch Suicide Prevention Centre, Los Angeles)
- . Suicide to Hope Advanced Suicide Prevention Skills (Living Works)
- . Centre Supervisor (Lifeline Australia)
- . Group Facilitation (Lifeline Australia)
- . In Shift Supervisor (Lifeline Australia)
- . Call Coach (Lifeline Australia)
- . Student Mentor (Lifeline Australia)
- . Clinical Supervision/ Reflective Practice (NSW Institute of Psychiatry)
- . Accredited Lifeline Telephone Crisis Support (Lifeline Australia)
- . Applied Suicide Intervention Skills Training (ASIST) (Living Works)
- . Mental Health First Aid (Mental Health Australia)
- . Family & Domestic Violence (DV-Alert)
- . Living Works Australia - Advanced Suicide Prevention/ Intervention Skills Training
- . Safe TALK (Living Works)
- . START (Living Works)