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2 Continuing Education Points

Accelerated Periodontal Instrumentation Protocols: Maximizing Clinical Success

This fast-paced and interactive session will overview accelerated instrumentation protocols, also known as full-mouth disinfection. Researchers continue to explore fast tracking quadrant scaling and root planing phases from six weeks to days and most adjunctive research also includes this type of approach. Participants will evaluate their current treatment modalities and establish plans for implementing accelerated instrumentation. In addition, modifications for the protocol will be discussed including pain control options, use of locally applied antimicrobials, tongue disinfection, and options for daily care products options. Replace 'burn out' with success through this strategic process of care!

Learning Outcomes

- Cite research relevant to accelerated instrumentation/ full-mouth disinfection.
- Describe the components to full-mouth disinfection and provide modifications to this process based upon research & clinical expertise.
- Describe vehicle options for antimicrobials, including mechanisms of actions and indications for use.
- Create comprehensive treatment plans that incorporate accelerated instrumentation concepts & identify the advantages of implementing this process of care.
- Develop and implement daily care plans for the periodontal patient.

BIOGRAPHY

As an international speaker and writer on a variety of topics, Kristy gets to experience a vast array of philosophies and points of view. In her 26 years in dental hygiene, she has practiced in a variety of clinical settings and is the owner of Educational Designs, a 20-year corporate consulting company. She is a member of the ADHA where she was a recipient of the 2005 Distinguished Service Award as well as a member of the American Academy of Cosmetic Dentistry and the American Academy of Dental Hygiene, of which she is the current President. Kristy has served on editorial boards for state and national publications for the past 20 years, and authored a chapter in the recently released edition of Mosby's Dental Hygiene textbook on oral malodor. She has been quoted in Esquire Magazine, Women's Health Magazine, interviewed by ESPN Radio and featured on the December, 2011 issue of RDH Magazine.

Kristy, who resides in Northern California, is a certified yoga teacher through the Yoga Alliance & offers yoga sessions throughout the country. She enjoys her cats, yoga, reading, music, travel, "reality" TV (just ask her anything about the latest show!), laughter, and is a world-class swimming pool rafting and water slide expert!

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